



## New Patient Health History Form

Date \_\_\_\_\_  
 Name \_\_\_\_\_ Gender M F Age \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Email Address \_\_\_\_\_  
 How did you hear about our clinic? \_\_\_\_\_

**Please list your current medications AND supplements:**

|  |  |  |
|--|--|--|
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

**Please list your medication allergies:**

Check this box if you have  
**NO MEDICATION ALLERGIES**

|  |  |
|--|--|
|  |  |
|  |  |

**Past Medical History: Do you have any of the following?**

|  |            |  |            |   |            |
|--|------------|--|------------|---|------------|
| <b>Diabetes</b><br>Comments:             | Yes__ No__ | <b>Arthritis</b><br>Comments:          | Yes__ No__ | <b>Gallbladder</b><br>Comments:           | Yes__ No__ |
| <b>High Blood Pressure</b><br>Comments:  | Yes__ No__ | <b>Osteoporosis</b><br>Comments:       | Yes__ No__ | <b>Hepatitis/Liver</b><br>Comments:       | Yes__ No__ |
| <b>Heart Attack/Disease</b><br>Comments: | Yes__ No__ | <b>Fractures</b><br>Comments:          | Yes__ No__ | <b>Pacemaker</b><br>Comments:             | Yes__ No__ |
| <b>High Cholesterol</b><br>Comments:     | Yes__ No__ | <b>Incontinence</b><br>Comments:       | Yes__ No__ | <b>Joint Problems</b><br>Comments:        | Yes__ No__ |
| <b>IBS</b><br>Comments:                  | Yes__ No__ | <b>Kidney Disease</b><br>Comments:     | Yes__ No__ | <b>Cancer</b><br>Comments:                | Yes__ No__ |
| <b>Anorexia</b><br>Comments:             | Yes__ No__ | <b>Back/Neck Problems</b><br>Comments: | Yes__ No__ | <b>Depression/Anxiety</b><br>Comments:    | Yes__ No__ |
| <b>COPD</b><br>Comments:                 | Yes__ No__ | <b>Thyroid Disorder</b><br>Comments:   | Yes__ No__ | <b>Psychiatric Disorders</b><br>Comments: | Yes__ No__ |
| <b>Obesity</b><br>Comments:              | Yes__ No__ | <b>Tuberculosis</b><br>Comments:       | Yes__ No__ | <b>Alcoholism</b><br>Comments:            | Yes__ No__ |
| <b>Emphysema</b><br>Comments:            | Yes__ No__ | <b>Stroke</b><br>Comments:             | Yes__ No__ | <b>Insomnia</b><br>Comments:              | Yes__ No__ |
| <b>Allergies</b><br>Comments:            | Yes__ No__ | <b>Blood Clots</b><br>Comments:        | Yes__ No__ | <b>Smoke</b><br>Packs/day _____           | Yes__ No__ |
| <b>Aneurysm</b><br>Comments:             | Yes__ No__ | <b>Varicose Veins</b><br>Comments:     | Yes__ No__ | <b>Other</b><br>Comments:                 |            |

| Sexual History (FOR FEMALES ONLY)                         |   |
|---|---|
| Are you pregnant?                    Yes__ No__ Unsure__  | Last Colonoscopy:                    normal__ abnormal__                            |
| Last menstrual period:                                    | Hormone Replacement Therapy:                    Yes__ No__                          |
| Length of normal period:                                  | Birth Control Method:   |
| Age of first period:                                      | How many Pregnancies:_____ Deliveries: _____<br>Abortions: _____ Miscarriages:_____ |
| Age of menopause (if applicable):                         | Sexually Active: Yes__ No__                    # of<br>current partners?_____       |
| Abnormal vaginal bleeding:                    Yes__ No__  | Your Partner is:    Male__ Female__ Both__  |
| Last Pap Smear:    Date:_____<br>normal__ abnormal__      | STDs: Herpes__ Gonorrhea__ Chlamydia__ HPV__<br>Syphilis__                          |
| Last Mammogram:    Date:_____<br>normal__ abnormal__      | Infections: Yeast__ Bacterial Vaginosis__ PID__<br>Discharge__                      |
| Last Bone Density:                    normal__ abnormal__ | Other:  |

| Sexual History (FOR MALES ONLY)                                  |  |
|--|--|
| Last Prostate Exam:                    normal__ abnormal__       | Testicular Lumps:                    Yes__ No__<br>Comments: |
| Last Colonoscopy:                    normal__ abnormal__         | Penile Discharge:                    Yes__ No__<br>Comments: |
| Last PSA:  | Your Partner is:    Male__ Female__ Both__                   |
| Vasectomy:                    Yes__ No__<br>Comments:            | STDs: Herpes__ Gonorrhea__ Chlamydia__ HPV__<br>Syphilis__   |
| Erectile Dysfunction:                    Yes__ No__<br>Comments: | Other:   |

| Past Surgical History/Hospitalizations: |       |         |
|---|-------|---------|
| Surgical Procedure:                     | Year: | Reason: |
|   |       |         |
|   |       |         |
|   |       |         |

**Have any members of your family had the following?**

|                       | Father | Mother | Sibling | Grandparent | Cause of Death<br>(if applicable) | Age at Death |
|-----------------------|--------|--------|---------|-------------|-----------------------------------|--------------|
| Alcoholism            |        |        |         |             |                                   |              |
| Anemia                |        |        |         |             |                                   |              |
| Sickle Cell Disease   |        |        |         |             |                                   |              |
| Asthma                |        |        |         |             |                                   |              |
| Bronchitis            |        |        |         |             |                                   |              |
| Emphysema             |        |        |         |             |                                   |              |
| Pneumonia             |        |        |         |             |                                   |              |
| Tuberculosis          |        |        |         |             |                                   |              |
| Arthritis/Gout        |        |        |         |             |                                   |              |
| Blood Transfusions    |        |        |         |             |                                   |              |
| Cancer                |        |        |         |             |                                   |              |
| Diabetes              |        |        |         |             |                                   |              |
| Gallbladder Disease   |        |        |         |             |                                   |              |
| Heart Murmur          |        |        |         |             |                                   |              |
| Heart Disease         |        |        |         |             |                                   |              |
| Hepatitis             |        |        |         |             |                                   |              |
| Colitis               |        |        |         |             |                                   |              |
| High Blood Pressure   |        |        |         |             |                                   |              |
| Kidney Disease/Stones |        |        |         |             |                                   |              |
| Urinary Infections    |        |        |         |             |                                   |              |
| Mental Illness        |        |        |         |             |                                   |              |
| Seizures              |        |        |         |             |                                   |              |
| Stroke                |        |        |         |             |                                   |              |
| Ulcers                |        |        |         |             |                                   |              |
| Glaucoma/Blindness    |        |        |         |             |                                   |              |
| Migraines             |        |        |         |             |                                   |              |
| Thyroid Disease       |        |        |         |             |                                   |              |